

<b>BB/TBT No</b>	<b>03/20 : C</b>
<b>Dated</b>	<b>MARCH 2020</b>
<b>Subject</b>	<b>CORONAVIRUS (2019-nCoV)</b>

During recent weeks a new flu-like virus, called a novel Coronavirus (2019-nCoV), has originated in Wuhan, Hubei Province, China. This virus is a concern for public health globally because it is being transmitted from human to human and can cause serious illnesses including Pneumonia and kidney failure, and in some cases can be fatal. The virus has spread within China, but also to other countries.

The situation is evolving rapidly: the symptoms are similar to cold and influenza viruses and the infection is spread in the same way - no vaccination is available at this time.

*NOTE if you have recently returned from travel to any of the affected countries and develop symptoms of cough, fever or shortness of breath, you should immediately:*

- *Stay indoors and avoid contact with other people as you would with the flu; and call NHS 111 to inform them of your recent travels (in Scotland phone your GP or NHS 24 on 111 out of hours).*

**Wash your hands**

Wash your hands with soap and running water when **hands are visibly dirty**



If your **hands are not visibly dirty**, frequently clean them by using alcohol-based hand rub or soap and water




**Protect yourself and others from getting sick**

**Wash your hands**

- after coughing or sneezing
- when caring for the sick
- before, during and after you prepare food
- before eating
- after toilet use
- when hands are visibly dirty
- after handling animals or animal waste




**Protect others from getting sick**

When coughing and sneezing **cover mouth and nose** with flexed elbow or tissue



**Throw tissue into closed bin immediately after use**



**Clean hands** with alcohol-based hand rub or soap and water after coughing or sneezing and when caring for the sick




**Protect others from getting sick**

**Avoid close contact** when you are experiencing cough and fever



**Avoid spitting in public**



If you have fever, cough and difficulty breathing **seek medical care early** and share previous travel history with your health care provider


