

At this current time of reduced movement & therefore postponement of H&S meets in each region we have created a Compliance Bulletin that we intend to communicate each Tuesday

Section A - Coronavirus

Covid 19 Status

The government has set out its plan to return life to as near normal as we can, for as many people as we can, as quickly and fairly as possible in order to safeguard livelihoods, but in a way that is safe and continues to protect our NHS.

As we move into step two of our plan to rebuild, the most important thing we can continue to do is to stay alert, control the virus, and, in doing so, save lives.

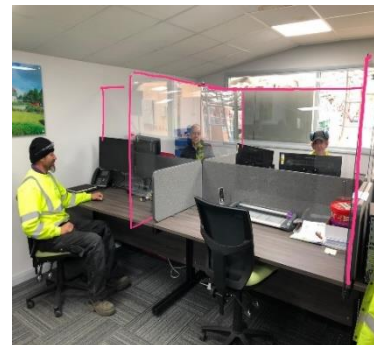
Getting to the peak of the first wave, does not mean it is over, and if we get too relaxed and break social distancing etc., the second wave or peak could be even bigger and even more damaging to business and society. Ensure YOUR teams maintain Nurtures social distancing & hygiene procedures



Nurture Offices Successfully Reopened Last Week

These office procedures have been designed to enable staff to return to an office environment and maintain social distance to help reduce the spread of Coronavirus in the workspace.

- Those who were happy to return to work at their office did so from **Monday 18th May**
- No Issues were raised from the reopening and everything has gone to plan in regards to social distancing following all controls each office has introduced in their Office specific Risk Assessment created for the individual office
- Over the next few weeks we anticipate the return of all to the office environment (when government advice enables this)



Where you can, we would urge you to start putting in place plans to return to the office as it will not be long when we reach the point where you will be required to return.

Clearly there will be exceptions to the above such as those who are shielding etc.

See your regional folder for master assessments: [K:\Office RA](#)

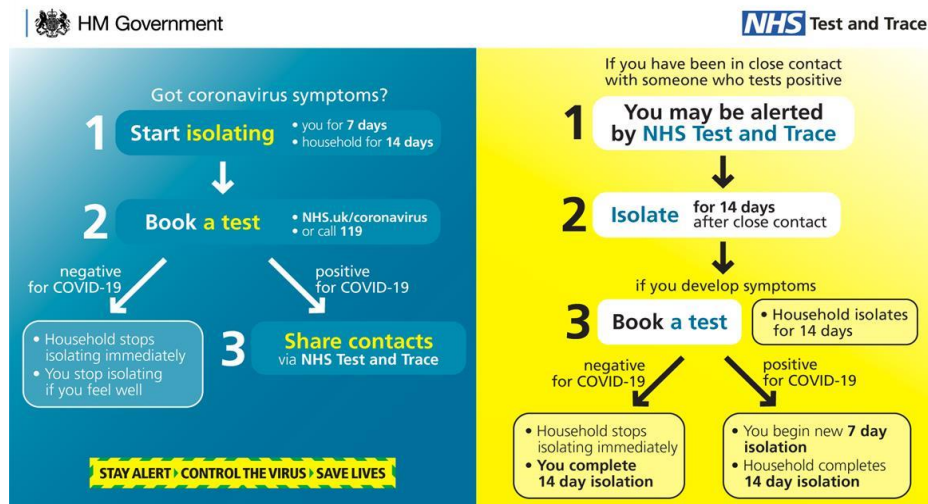
Full procedures - [Covid-19 Office Procedure May 20.docx](#)

Covid Poster

Nurture Group are fully adhering to the government return to work plan by fully meeting the 5 steps to safer working together. Ensure this poster is displayed at each of our Depots / Offices

[Staying-Covid-19-Secure Poster NL May 20.pdf](#)

How NHS test and trace service works



Part 1: For someone with symptoms of coronavirus

1. ISOLATE: as soon as you experience coronavirus symptoms, medical advice is clear: you must self-isolate for at least 7 days. Anyone else in your household must self-isolate for 14 days from when you started having symptoms

2. TEST: order a test immediately at www.nhs.uk/coronavirus or call 119 if you have no internet access

3. RESULTS: if your test is positive, you must complete the remainder of your 7-day self-isolation. Anyone in your household must also complete self-isolation for 14 days from when you started having symptoms. If your test is negative, you and other household members no longer need to self-isolate

4. SHARE CONTACTS: if you test positive for coronavirus, the NHS test and trace service will send you a text or email alert or call you with instructions of how to share details of people with whom you have had close, recent contact and places you have visited. It is important that you respond as soon as possible so that we can give appropriate advice to those who need it. You will be told to do this online via a secure website or you will be called by one of our contract tracers.

Part 2: if you are contacted by the NHS test and trace service because you have been in close contact with someone who has tested positive for coronavirus

1. ALERT: you will be alerted by the NHS test and trace service if you have been in close contact with someone who has tested positive for coronavirus. The alert will usually come by text, email or phone call. You should then log on to the NHS test and trace website, which is normally the easiest way for you and the service to communicate with each other – but, if not, a trained call handler will talk you through what you must do. Under-18s will get a phone call and a parent or guardian will be asked to give permission for the call to continue

2. ISOLATE: you will be told to begin self-isolation for 14 days from your last contact with the person who has tested positive. It's really important to do this even if you don't feel unwell because, if you have been infected, you could become infectious to others at any point up to 14 days. Your household doesn't need to self-isolate with you, if you do not have symptoms, but they must take extra care to follow the guidance on social distancing and handwashing and avoid contact with you at home

3. TEST if needed: if you develop symptoms of coronavirus, other members of your household must self-isolate immediately at home for 14 days and you must book a test at www.nhs.uk/coronavirus or call 119 if you have no internet access. If your test is positive, you must continue to stay at home for at least 7 days and we will get in touch to ask about your contacts since they must self-isolate. If your test is negative, you must still complete your 14-day self-isolation period because the virus may not be detectable yet - this is crucial to avoid unknowingly spreading the virus.

For Full NHS Test & Trace information visit

How it Works

[NHS test and trace how it works - GOV UK.htm](#)

Workplace Guidance

[NHS test and trace workplace guidance - GOV UK files](#)

Nurture Social Distancing - Practise Social Distancing wherever possible

To ensure we are doing everything possible to reduce the risk of infection. Measures put in place by Nurture include;

- Maintain operative social distancing at all times, this may involve staggered start and finish times
- Where possible vehicles to contain the driver only – where 2nd person present public health recommendations for transportation in cabs is followed.
- **If workers have to share enclosed spaces such as the cabs of vehicles, they should keep the window open for ventilation and they should be careful to avoid touching their face at all times.**
- **On leaving the enclosed space, you should wash their hands with soap and water for 20 seconds or more or use hand sanitiser when you cannot wash your hands.**
- where it is not possible to remain 2 metres apart, staff should work side by side, or facing away from each other, rather than face to face if possible
- where face-to-face contact is essential, this should be kept to 15 minutes or less wherever possible
- Dual teams to remain in the same personnel throughout (cohorting)
- Stagger break times to ensure no interaction thus reducing risk.
- Cleaning down of multi-use machinery or vehicles before transferring to another user.
- Sanitising hands at regular intervals along with machinery and vehicles using wipes provided
- Regular washing of hands for at least 20 seconds.



If social distancing guidelines cannot be met in full, consider whether that activity needs to continue, and if so, take all mitigating actions to reduce risk.

When to self-isolate

The medical advice is clear: you must self-isolate if you have coronavirus symptoms or live in the same household as somebody who does. The main symptoms of coronavirus are:

- high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

If you have one or more of these symptoms, you must self-isolate straight away for 7 days – or longer if you still have symptoms other than cough or loss of sense of smell/taste.

If you live in the same household as someone with coronavirus symptoms, you must self-isolate straight away for 14 days.

Latest Nurture Covid 19 – Risk Assessment

[RA-C25h Dangers of catching Coronavirus \(Covid 19\) UPDATED 2nd June 2020.docx](#)

Covid 19 – FAQ (Frequently asked Questions) that were asked last week

Are Face Coverings deemed PPE

NO – We treat face coverings as clothing - same as additional uniform.

A face covering is not the same as the surgical masks or respirators used as part of personal protective equipment by healthcare and other workers; these should continue to be reserved for those who need them to protect against risks in their workplace such as health and care workers and those in industrial settings like those exposed to dust hazards

Good Practice Solutions

Face Coverings

To meet teams requests & some clients requesting face covers, Nurture Landscapes Group are issuing ALL with a Cotton Washable Face Covering as part of our uniform issue to be used where social distancing cannot be easily maintained.





We expect delivery on Thursday 4th June @ Nursery Court and immediate distribution will occur to ensure they are sent to where they are required

Junes Business Brief will include 1 on face coverings and should be completed at point of issue

[BB_TBT_Jun_20.pdf](#)

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Good Practice Solutions	
<p>Beat The Heat Poster Coping with heat & Covid 19</p>	<p>Public Health England have created a Beat the Heat Poster</p> <p>Display on office notice boards as supplementary Information</p> <p>Beat the Heat 2020.pdf</p> <div style="text-align: center;">  <p>The poster is titled 'Beat the Heat Coping with heat & COVID-19' and is issued by Public Health England. It is divided into several sections: 'Stay cool at home' (staying safe at home, keeping home cool, following COVID-19 guidance), 'Stay cool, keep well' (drinking fluids, avoiding alcohol, slowing down, staying connected), 'Cooler, safer places' (going indoors/outdoors, self-isolating, using cool spaces), and 'Watch out' (looking for heat illness, cooling skin, staying safe when swimming, getting help). A footer provides the NHS website for more information.</p> </div> <p>Note - 1 of Junes Business Briefs is on Heat & Sun</p> <p>BB_TBT_Jun_20.pdf</p>
<p>Mental health during the Coronavirus outbreak</p> <p>Don't be afraid to ask for help and advice during these difficult times</p>	<p>Remind your team that we operate an Employee Assistance Programme called 'LifeWorks'.</p> <p>Mental Welfare Support From Lifeworks app</p> <p>The APP has lots of useful information about self-care, mental health and well-being and has Covid-19 toolkit for individuals too. If employees haven't yet registered, Busy Bees that operate the platform, are re-issuing the invitation to the app, so please encourage staff to download it on their phones, its free and could be helpful to many.</p>
 <p>Helping people in horticulture Perennial</p>	<p>Perennial Coronavirus COVID-19 news update</p> <p>Starting on Monday 1st June the helpline hours will be changing to Monday and Wednesday 9.30am - 5pm and Tues, Thurs and Friday will be 9am - 5pm. get in touch on their helpline 0800 093 8543</p> <p>Perennial weekly update Perennial Coronavirus COVID-19 news update (29 May 2020).docx</p>
<p>June Business Brief</p>	<p>Subjects are</p> <ul style="list-style-type: none"> • Face Coverings • Sharing the Road with Cyclists • Working in Sunny Conditions

Good Practice Solutions

Avoiding attending A&E by avoiding accidents



The last place we want to be visiting is a hospital as a potential patient In these hard operational times please ensure your guys follow all company H&S procedures to help reduce any requirement of need to visit A&E.

Controls include:

- Ensure All wear correct PPE @ all times
- Ensure all machines and equipment is fully guarded
- Contact your teams on a regular basis ensuring all is well
- Ensure Lone Workers do not complete any High Risk Task

This is not the time that your teams want to be injured and have to go to an A&E hospital.

CHECK that all your teams have sufficient PPE & remind them that they **MUST** wear @ all times - Don't wait for them to ask be proactive

Sharing best practice is very important companywide & if any of you have suppliers of vital equipment or you have introduced good processes forward information to Robin.Jackson@nurturelandscapes.co.uk which we will include details of in next week's bulletin.

The next Compliance bulletin will be Tuesday 16th June 2020